

## DEBBIE PALMER, BBA, DO, FAOCD, FAAD

Dr. Debbie Palmer is a board-certified dermatologist with more than 17 years of experience. She is the Medical Director and Co-Founder of Dermatology Associates of New York, in Harrison. She specializes in medical dermatology, cosmetic dermatology, and laser surgery and has been recognized as a Castle Connolly Top Doctor.

Dr Palmer believes that health and beauty are linked and that a balance in life is key to looking younger and having harmony with your body, mind, and soul.

Widely respected for her expertise, Dr. Palmer has had her work published in leading medical journals and has lectured nationally and internationally about the benefits of healthy eating, anti-aging, and antioxidants and how they can improve the health and appearance of your skin.

Dr. Palmer is one of only several hundred dermatologists in the country also trained in osteopathic medicine—a holistic philosophy and approach that relates each part of the body to the entire system. “You cannot and should not treat a problem the skin is experiencing without looking at the condition of the entire body,” explains Dr. Palmer.

Dr. Palmer graduated from the University of Michigan and earned her medical degree *summa cum laude* from Kansas City University. Dr. Palmer completed her internship in Internal Medicine at Northside Hospital and Heart Institute and completed her residency in dermatology at St. Barnabas Hospital in Bronx, New York.

She is a Fellow and active member of the American Academy of Dermatology, American Osteopathic College of Dermatology, and the American Osteopathic Association.

Dr. Palmer is author of three books including her latest release, *Mindful Beauty*. She is founder of Replere, a clinically proven, antioxidant skincare collection that helps to slow down aging and restore the skin’s natural radiance. Replere products are made from carefully selected natural ingredients and are paraben, fragrance, and dye free.

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